



# Monthly Happenings

by Ray Ringgenberg

July already! This bbq season is cruising right by us. Contests are in full swing, KCBS and Backyard contests that is. We are lucky to live in a state that hosts so many great contests and brings out the best bbq'ers in the country.

The Team of the Year points race will start to tighten up after the Up in Smoke Contest in Mason City and the Backyard Championship series only has 2 more regionals before the finals in September.

In this months edition of the newsletter you will find:

- Backyard BBQ Series updates from the SE Regional Championship, Skunk River Valley contest held in Cambridge on June 13<sup>th</sup> and the NE Regional Championship, Fairfield Island Days in Fairfield on June 27<sup>th</sup>.
- State Center Rose Festival Review.
- Recipe Row
- And More.

As we make it to the middle of summer we need to start thinking about the

winter and the Annual Banquet. Our annual banquet committee will meet at the next IBS meeting at 6:00 to go over just a few things before the IBS meeting kicks off at 6pm Tuesday July 14<sup>th</sup>. The meeting will be held at Woody's Smoke Shack BBQ in Des Moines.

Also as an FYI, the Iowa BBQ Society board members will not be meeting in August due to busy schedules.....and we need a break. Whew.

Happy Q'n!

If you have an event you would like featured in the IBS newsletter please send to:

Ray Ringgenberg  
[ray.smokehouse72@gmail.com](mailto:ray.smokehouse72@gmail.com)



State Center Rose Festival Review



Backyard BBQ Championship Reviews.

# State Center 57<sup>th</sup> Annual Rose Festival Contest Review

by Megan Willier



The 57th Annual Rose Festival went off without a hitch! The Rose Festival event schedule was packed full of things for adults and kids of all ages.

We had our annual Chili Cook Off and maybe next year we can get some the BBQ teams to enter! The parade this year was amazing with all of the interesting floats, performances by the cheerleaders and vintage cars. Rose Festival's annual Car Show had 92 cars show up even though we had rain Saturday morning. The carnival had rides and great carnival food for those not competing in the BBQ Contest.

We had a fantastic group BBQ'ers smoke some amazing ribs on Friday night for a people's choice ribs rib contest. The committee sold "A Buck A Bone" tickets which sold out of tickets in 12 minutes.

People's Choice winners were:

- 1st place Smoking J's
- 2nd place Smokehouse 72
- 3rd place Smokin Cousins.

Thank you to all the teams that participated in the People's Choice Rib contest. We hope to see you next year!

We also had a great group of KCBS teams that were so patient with the new BBQ committee. It's a lot of hard work putting on a contest but they took it on and did a wonderful job.

This year's KCBS winners were:

- Grand Champion - Iowa Smokey D's BBQ
- Reserve Grand Champion - Big T's Q Crew

The Rose Festival Board did a great job putting together all of these wonderful events. I want thank Buffi, Annie, Misty and Kathy personally for all of their hard work. I also want to thank Jay and Ray Ringgenberg, Ron and Dena Milhous and the Iowa BBQ Society for their patients and wonderful advice! I hope everyone can come see us next year!



*We need your bio!  
Please contact Ray Ringgenberg at  
[ray.smokehouse72@gmail.com](mailto:ray.smokehouse72@gmail.com)  
To submit your bio for 1 month.*

## BBQ HISTORY

## Bacon Shiners

Due to the prevalence and relatively low cost of raising pigs in the American South, the bacon-wrapped hot dog first became a dietary mainstay in the early 1800s.

When the Civil War disrupted the pork supply, “bacon shiners” sprang up across the heartland with a bacon-wrapped hotdog substitute that many Southerners couldn’t tell from the real thing. (It was later revealed in the AMC mini-series “Baconsine Nation” that the product was a blend of soy and prairie dog).

After the Civil War, most Americans returned to their diet of good old bacon-wrapped hot dogs, while the two largest bacon-shining operations merged to form what is now 7-11.

<http://www.broquet.co/>



“Gopher Everett?”



*Rotel Cups*

## Recipes Row

### Rotel Cups

Makes: 45 cups

Ingredients:

1 Can rotel tomatoes, drained  
(almost all the way)

1 bag bacon pieces

1 cup shredded swiss

1 cup Mayo

3 pkg. phyllo pastry cups –  
thawed

Directions:

Preheat oven to 350 degrees F.

Mix the first 4 ingredients and scoop evenly into the cups. Place on baking sheet and cook at 350 for 15 min.

# SE Regional Backyard BBQ Series Review

by who else?

The [Iowa BBQ Society Backyard BBQ Series](#) got underway June 13<sup>th</sup> in Cambridge, Ia. The Backyard BBQ Series consists of 4 regional contests held in the 4 corners of the state with the final being held in Perry, Ia. this year on September 5<sup>th</sup>.

The top 3 teams from each regional will move on to the championship. This year the Skunk River Valley Days in Cambridge hosted the first of these regionals for the SE region. 5 teams were in attendances and cooked the 3 meats required of Hamburger, Chicken and Ribs. Teams arrived early Saturday June 13<sup>th</sup> ready to cook!

The day started out a bit hazy but the haze cleared to leave a mild overcast day. This was not a KCBS contest so there was no rain. The cooks pulled in and fired up the smokers and have a short meeting, they were all off and cooking.

Great smells were wafting through the air as the teams prepared the first entry of the day. Hamburger turn in started at 1:00. We have Hamburger patties, Loaf, and meatballs as entries. Next up came the chicken followed by the ribs which did not disappoint.

The scores were tabulated and the winners were announced at 3pm. The Iowa BBQ Backyard SE Regional champion was crowned. Congratulations to:

**Grand Champion – 3 Stooges BBQ**

**Reserve Grand Champ – Bug Eater BBQ**

**3<sup>rd</sup> Overall – Smokin' Critters**

These 3 teams have earned the option to move on to compete in the IBS Backyard BBQ Series Championship.



# NE Regional Backyard BBQ Series Review

by Jay Ringgenberg

A beautiful day ushered in the 2nd IBS backyard series event of the year. The Northeast regional was held on Saturday June 27th in Fairbank, IA with 6 local teams vying for the opportunity to represent their region at the IBS finals in Perry. The contest was held in conjunction with the cities annually Fairbank Island Days and was unique, in the fact that the contest was held on an island in the middle of the little Wapsipinicon River. This posed a few challenges for the incoming teams, but all made it to their sites high and dry.



Teams started arriving to the island at 6am Saturday morning to setup and after a quick meat inspection/meeting; they were free to start their smoky creations. Teams prepped, cooked and enjoyed the beautiful day as several festival activities encompassed the Island as my wife, Michelle, and I enjoyed the company of all the great teams.

Judges started arriving at 12:30 for a short meeting and judging began with chicken at 1:30. Hamburger was the next meat to be judged at 2:00 and the judges were happy with the creativity as cooks turned in patties, fatties, and meat loaf. Nicely done cooks! Ribs rounded out the day and these also did not disappoint.

Scores were tabulated and as with all contests, we need to have a winner. Congratulations to Moski's TnT Howlin Smoke on Grand Champion, LTS BBQ on Reserve Grand and Ornerly Uncles Roys BBQ on 3rd place and securing an opportunity to compete in the IBS finals. Thank you teams and judges!

Check out our website for your next chance to make the cut to the finals.

<http://iabbq.org/backyardcontests.html>



# North Iowa Meat & Music Spectacular

Another Unsanctioned contest in Iowa. The Iowa BBQ Society is helping this contest with a grant. To the left is their thank you letter, to the right you will find the contest information. Go join in the fun!



## Unsanctioned KCBS Style BBQ Competition

Main Street, Buffalo Center, IA

**Entry Deadline Has Been  
Extended!**

### Grilling Categories:

Pork Ribs  
Pork Loin

### Prizes:

1st Place - \$ 750  
2nd Place - \$ 375  
3rd Place - \$ 150  
4th Place - \$ 25  
5th Place - \$ 25

### Questions?

Please contact Anna Balvance at (507) 381-5874.

<http://www.northiowabetterment.com/>

thank you   
NORTH IOWA BETTERMENT

Iowa BBQ Society, Jan 18, 15  
Thank you so much  
for your donation of \$300.  
We really appreciate it,  
and will put it to  
very good use!  
 Beth Mathison  
North Iowa Betterment